



THE GRACE OF GOD

DESPERATELY NEEDED COMPLETELY UNDESERVED ABSOLUTELY FREE

#5: GRACE THAT FORGIVES

JIM HINTON

See to it that no one misses the grace of God and that no bitter root grows up to cause trouble and defile many.

Hebrews 12:15 (NIV)

I. SOME THINGS I MUST RECOGNIZE ABOUT ANGER

1 Anger in and of itself is not necessarily _____.

“In your anger do not sin”: Do not let the sun go down while you are still angry, and do not give the devil a foothold.

Ephesians 4:26-27 (NIV)

2 There is “_____ anger” and “wrong anger”.

➤ Right anger is when I get angry at the things that _____ gets angry at and express that anger appropriately.

“In your anger do not sin”: Do not let the sun go down while you are still angry, and do not give the devil a foothold.

Ephesians 4:26-27 (NIV)

➤ Wrong anger becomes _____ when I am angry for the wrong reason and express it in the wrong way.

An angry person causes trouble; a person with a quick temper sins a lot.

Proverbs 29:22 (NCV)

To worry yourself to death with resentment would be a foolish, senseless thing to do.

Job 5:2 (TEV)

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II. HOW GOD'S FORGIVING GRACE HELPS ME OVERCOME MY ANGER

1 _____ and take a "time out" to pray and get control of my emotions.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:6-7 (NLT)

But when the Holy Spirit controls our lives he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control...

Galatians 5:22-23a (TLB)

2 _____ and address the real source of my anger.

Don't sin by letting anger control you. Think about it overnight and remain silent.

Psalm 4:4 (NLT)

A person's thoughts are like water in a deep well, but someone with insight can draw them out.

Proverbs 20:5 (TEV)

3 _____ energy of my anger into godly and constructive action.

You must do these things to enjoy life and have many happy days...Stop doing evil and do good. Look for peace and work for it.

Psalm 34:12-24 (NCV)

4 _____ the "cache memory" of hurts and offenses every 24 hours through forgiveness.

Be angry without sinning. Don't go to bed angry. Don't give the devil any opportunity to work.

Ephesians 4:26-27 (GOD'S WORD)

Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

Ephesians 4:31-32 (NLT)

Answer Key: wrong, right, God, sinful, Stop, Explore, Channel, Clear