



“You must not commit adultery.
Exodus 20:14 (TLB)

I. SEX WAS GOD’S IDEA

So God created human beings in his own image. In the image of God he created them; male and female he created them. Then God blessed them and said, “Be fruitful and multiply... Then God looked over all he had made, and he saw that it was very good!

Genesis 1:27-28,31a (NLT)

II. A LOOK AT THE SEVENTH COMMANDMENT

① What is adultery?

- **Voluntary sexual involvement with anyone who is _____ my lawful spouse.**

It is God’s will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control his own body in a way that is holy and honorable, not in passionate lust like the heathen, who do not know God; and that in this matter no one should wrong his brother or take advantage of him. The Lord will punish men for all such sins, as we have already told you and warned you. For God did not call us to be impure, but to live a holy life.

1 Thessalonians 4:3-8 (NIV)

- **Mental _____.**

You have heard the commandment that says, ‘You must not commit adultery.’ But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.

Matthew 5:27-28 (NLT)

2 Why is adultery wrong?

- Adultery violates the sacredness of _____.

By God's design:

⇒ Marriage is complementary in _____ (Genesis 2:18-25).

⇒ Marriage is founded upon a permanent _____.

You cry out, "Why doesn't the LORD accept my worship?" I'll tell you why! Because the LORD witnessed the vows you and your wife made when you were young. But you have been unfaithful to her, though she remained your faithful partner, the wife of your marriage vows.

Malachi 2:14 (NLT)

⇒ Marriage provides the _____ environment for children.

Didn't the LORD make you one with your wife? In body and spirit you are his. And what does he want? Godly children from your union. So guard your heart; remain loyal to the wife of your youth. "For I hate divorce!"

Malachi 2:15-16a (NLT)

⇒ Marriage is _____ after Christ's relationship with the church (Ephesians 5:21-33).

- Adultery violates the sacredness of _____.

⇒ Sex is a _____ and a celebration of the spiritual oneness in marriage (1 Corinthians 6:12-20).

⇒ Sex strengthens the _____ and covenant between husband and wife.

But in order to avoid sexual sins, each man should have his own wife, and each woman should have her own husband. Husbands and wives should satisfy each other's sexual needs. A wife doesn't have authority over her own body, but her husband does. In the same way, a husband doesn't have authority over his own body, but his wife does. Don't withhold yourselves from each other unless you agree to do so for a set time to devote yourselves to prayer. Then you should get back together so that Satan doesn't use your lack of self-control to tempt you.

1 Corinthians 7:2-5 (GWT)

3 How can I avoid sexual sin?

- _____ **how destructive sexual sin is.**

So listen to me, my sons, and pay attention to my words. Don't let your hearts stray away toward her. Don't wander down her wayward path. For she has been the ruin of many; many men have been her victims. Her house is the road to the grave. Her bedroom is the den of death.

Proverbs 7:24-27 (NLT)

One does not have to be a therapist to know the miseries that attend adultery – the harm to self: the ego disintegration that takes place from...illicit unions...the...guilt, the disease, the disgust and self-hatred; the harm to marriage; the betrayal, the destruction to one's spouse, the possibility of divorce; the harm to children. Infidelity tells a child, "Your mother is not worth much and your father is a liar and a cheat. Furthermore, honor is not nearly as important as pleasure. In fact, my child, my own satisfaction is more important than you." This, of course is followed by the harm to the church as it is evacuated of power and authenticity; and harm to the world, for if the gospel cannot give Christians the power to control their sexuality, how can it save the world?

Kent Hughes

- _____ **a close relationship with God.**

How then could I do such a wicked thing and sin against God?"

Genesis 39:9 (NIV)

- _____ **control of my thoughts.**

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10:5 (NIV)

- _____ **my mind with godly thoughts**

Don't be like the people of this world, but let God change the way you think. Then you will know how to do everything that is good and pleasing to him.

Romans 12:2 (CEV)

- _____ **morally dangerous situations.**

Run from anything that stimulates youthful lusts. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts.

2 Timothy 2:22 (NLT)

- _____ **an accountability partner.**

As iron sharpens iron, so one person sharpens another.

Proverbs 27:17 (NIRV)

- _____ **my spouse a priority.**

Be faithful to your own wife and give your love to her alone.

Proverbs 5:15 (TEV)

- _____ **that sexual sin is NOT unforgivable.**

So now there is no condemnation for those who belong to Christ Jesus. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death.

Romans 8:1-2 (NLT)