



# FREEDOM FROM YOUR FEARS

## #5: FREEDOM FROM YOUR FEAR OF INADEQUACY

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How would I fill this blank?

“I’m not \_\_\_\_\_ enough”

### I. THREE FACTS ABOUT WHO I REALLY AM

#### 1. God determines who I am

I’m not who I think I am, I am not who you think I am, but really, I’m who God says I am!  
Rick Warren

For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

Ephesians 2:10 (NLT)

#### 2. My God is a God of new things

But the Lord says, “Do not cling to events of the past or dwell on what happened long ago. Watch for the new thing I am going to do. It is happening already—you can see it now! I will make a road through the wilderness and give you streams of water there.

Isaiah 43:18-19 (TEV)

#### 3. I am closer to becoming who God created me to be than ever

$$3 \times 3 \times 3 \times 3 \times 3 = 243$$

$$4 \times 4 \times 4 \times 4 \times 4 = 1024$$

With God’s power working in us, God can do much, much more than anything we can ask or imagine.

Ephesians 3:20 (NCV)

## **II. THREE WAYS TO BE FREE FROM THE FEAR OF INADEQUACY**

### **1. Remember that God's ability overrules my inability**

We have this treasure from God, but we are like clay jars that hold the treasure. This shows that the great power is from God, not from us. We have troubles all around us, but we are not defeated. We do not know what to do, but we do not give up the hope of living. We are persecuted, but God does not leave us. We are hurt sometimes, but we are not destroyed...

...So we do not give up. Our physical body is becoming older and weaker, but our spirit inside us is made new every day. We have small troubles for a while now, but they are helping us gain an eternal glory that is much greater than the troubles. We set our eyes not on what we see but on what we cannot see. What we see will last only a short time, but what we cannot see will last forever.

2 Corinthians 4:4-9,16-18 (NCV)

For nothing is impossible with God.

Luke 1:37 (NIV)

### **2. Rid myself of my negative self-image (Psalm 139:13-16)**

So God created human beings in his image...God looked at everything he had made, and it was very good.

Genesis 1:27a,31a (NCV)

### **3. Resolve to leave the past behind**

He told them this parable: "No one tears a patch from a new garment and sews it on an old one. If he does, he will have torn the new garment, and the patch from the new will not match the old. And no one pours new wine into old wineskins. If he does, the new wine will burst the skins, the wine will run out and the wineskins will be ruined. No, new wine must be poured into new wineskins.

Luke 5:36-38 (NIV)

For his unfailing love toward those who fear him is as great as the height of the heavens above the earth. He has removed our sins as far from us as the east is from the west.

Psalm 103:11-12 (NLT)