



WAYS TO MAKE MY LORD'S SUPPER EXPERIENCE MORE MEANINGFUL
1 Corinthians 11:23-30

1. Be prepared spiritually

- **Consider who is inviting me to this meal**

Once again Jesus used stories to teach the people: The kingdom of heaven is like what happened when a king gave a wedding banquet for his son. The king sent some servants to tell the invited guests to come to the banquet, but the guests refused.

Matthew 22:1-3 (CEV)

- **Pray for the right spirit**

Never stop praying.

1 Thessalonians 5:17 (NLT)

Look deep into my heart, God, and find out everything I am thinking. Don't let me follow evil ways, but lead me in the way that time has proven true.

Psalms 139:24-25 (CEV)

- **Acknowledge my sin and ask for forgiveness**

Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the LORD." And you forgave me! All my guilt is gone.

Psalms 32:5 (NLT)

- **Seek forgiveness from others**

"So if you are presenting a sacrifice at the altar in the Temple and you suddenly remember that someone has something against you, leave your sacrifice there at the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God.

Matthew 5:23-24 (NLT)

- **Forgive others who have offended me**

Be even-tempered, content with second place, quick to forgive an offense. Forgive as quickly and completely as the Master forgave you.

Colossians 3:13 (TMSG)

2. Be prepared mentally

- **Avoid negative mental “hang-overs”**

We fight with weapons that are different from those the world uses. Our weapons have power from God that can destroy the enemy's strong places. We destroy people's arguments and every proud thing that raises itself against the knowledge of God. We capture every thought and make it give up and obey Christ.

2 Corinthians 10:4-5 (NCV)

- **Get organized for Sunday morning on Saturday night**

So be careful how you live. Don't live like ignorant people, but like wise people. Make good use of every opportunity you have, because these are evil days.

Ephesians 5:15-16 (TEV)

3. Be prepared physically

- **Plan my weekend with the Lord's Day in mind**

As a deer thirsts for streams of water, so I thirst for you, God. I thirst for the living God. When can I go to meet with him?

Psalms 42:1-2 (NCV)

- **Get adequate rest**

Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat.

Mark 6:31 (NLT)