

# FREEDOM FROM YOUR FEARS

# #10: FREEDOM FROM YOUR FEAR OF DEATH





# I. WHY WE FEAR DYING

- 1. The unknowns
- 2. Uncertain of heaven
- 3. Attachment to the world
- 4. Unfinished business
- 5. Concern for loved ones
- 6. Death is unnatural (See Romans 5:12-17)

But the LORD God warned him, "You may freely eat the fruit of every tree in the garden—except the tree of the knowledge of good and evil. If you eat its fruit, you are sure to die."

Genesis 2:16-17 (NLT)

# II. HOW TO BE FREE FROM MY FEAR OF DEATH

1. Recognize that it is never too late to get right with God

One of the criminals hanging beside him scoffed, "So you're the Messiah, are you? Prove it by saving yourself—and us, too, while you're at it!" But the other criminal protested, "Don't you fear God even when you have been sentenced to die? We deserve to die for our crimes, but this man hasn't done anything wrong." Then he said, "Jesus, remember me when you come into your Kingdom." And Jesus replied, "I assure you, today you will be with me in paradise."

Luke 23:39-43 (NLT)

The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.

Romans 8:11 (NLT)

#### Realize how much God loves me

What is the price of two sparrows—one copper coin? But not a single sparrow can fall to the ground without your Father knowing it. And the very hairs on your head are all numbered. So don't be afraid; you are more valuable to God than a whole flock of sparrows.

Matthew 10:29-31 (NLT)

## 3. Remember that Jesus has already shown us the way through death

Because God's children are human beings—made of flesh and blood—the Son also became flesh and blood. For only as a human being could he die, and only by dying could he break the power of the devil, who had the power of death. Only in this way could he set free all who have lived their lives as slaves to the fear of dying.

Hebrews 2:14-15 (NLT)

## 4. Replace fear with faith in God's promises

And now, dear brothers and sisters, we want you to know what will happen to the believers who have died so you will not grieve like people who have no hope. For since we believe that Jesus died and was raised to life again, we also believe that when Jesus returns, God will bring back with him the believers who have died.

1 Thessalonians 4:13-14 (NLT)

# Look at the way the Bible describes the death of a believer:

## · Precious in God's sight

Precious in the sight of the LORD is the death of his saints.

Psalm 116:15 (NIV)

## Escorted by angels

Finally, the poor man died and was carried by the angels to be with Abraham. The rich man also died and was buried...

Luke 16:22 (NLT)

# • Temporary sleep

Listen, I tell you a mystery: We will not all sleep, but we will all be changed— in a flash, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised imperishable, and we will be changed. For the perishable must clothe itself with the imperishable, and the mortal with immortality.

1 Corinthians 15:51-53 (NIV)

#### Eternal life

Jesus told her, "I am the resurrection and the life. Anyone who believes in me will live, even after dying. Everyone who lives in me and believes in me will never ever die...

John 11:25-26 (NLT)

#### • Complete transformation

Then I saw a new heaven and a new earth, for the old heaven and the old earth had disappeared. And the sea was also gone. And I saw the holy city, the new Jerusalem, coming down from God out of heaven like a bride beautifully dressed for her husband. I heard a loud shout from the throne, saying, "Look, God's home is now among his people! He will live with them, and they will be his people. God himself will be with them. He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever." And the one sitting on the throne said, "Look, I am making everything new!"

Revelations 21:1-5 (NLT)