



## HOW TO ACTIVATE THE SUPERPOWER OF GRATITUDE

### 1. Find something to be thankful for every day

Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.  
1 Thessalonians 5:18 (NLT)

### 2. Don't wait until I lose something to appreciate it

This day belongs to the Lord! Let's celebrate and be glad today.  
Psalm 118:24 (CEV)

Those who died yesterday had plans for this morning. And those who died this morning had plans for tonight. Don't take life for granted. In the blink of an eye everything can change. So forgive often and love with all your heart.

Author Unknown

### **3. Serve those who are less fortunate than me**

A generous person will be made rich, and whoever satisfies others will himself be satisfied.  
Proverbs 11:25 (GWT)

#### **I AM THANKFUL FOR...\***

**The taxes I pay - because it means that I am employed**

**The clothes that fit a little too snug - because it means I have enough to eat**

**A lawn that has to be mowed, windows that have to be washed, and gutters that need fixing - because it means I have a home**

**The spot I find at the far end of the parking lot - because it means I am capable of walking**

**All the complaining I hear about our government - because it means we have the freedom of speech**

**The lady behind me in church who sings off key - because it means that I can hear**

**The huge pile of laundry and ironing - because it means my loved ones are nearby**

**The alarm that goes off in the early morning - because it means that I'm alive**

**Author Unknown**

**\*(<http://www.wittyprofiles.com/q/6425232>)**